

**BOLLIN**

Source: danced at Bath Feb 1978. In units of 4.

**Forward-&Back:** 4 walk steps up, 2 bar polka, 4 walk back, 1 bar polka & two springs

**Back-to-Back:** hopsteps, take 8 bars, pass right shoulders first, one way only.

**Right-and-Left-Hand-Stars:** done moving backwards!

**Into-Centre:** All 4 face in, **Forward-&Back stepping:** 4 walk in to centre 2 polkas as 4 circle half way round to left, clockwise, fall out to opposite diagonal place with walk, dance on spot.

**Diagonals Cross:** then dance backwards to starting place. Left shoulder first, repeat with right shoulders. Like a back-to-back taking turns at the half moves?

**Forward-&Back again**

**Into Hay -** go into reel of 4 thus =

**Forward-&Back with hands on shoulders**  
in line of 4. End with capers.

